



Senior Football Pre-Season Formats and Competition Specific Rules 2026

Rule Title	Rule Text
Pre-season Competition Regulations – Group Structure – Aldridge Cup	16 teams. The sixteen teams will be divided into two groups randomly drawn, of EIGHT teams Group A & B in the Group Phase. Each team will play three games, randomly drawn, against other teams in their Group. All games, excluding the final, will be played on a home and away basis with the first named team playing at home. Following the conclusion of Round 3, the FIRST placed team in Group A and Group B will qualify to play each other the Final. The Final will take place at a neutral venue. Extra Time and Winner on the Day Regulations will apply to the Final.
Pre-season Competition Regulations – Group Structure – Keogh Cup	16 teams. The sixteen teams will be divided into two groups randomly drawn, of EIGHT teams Group A & B in the Group Phase. Each team will play three games, randomly drawn, against other teams in their Group. All games, excluding the final, will be played on a home and away basis with the first named team playing at home. Following the conclusion of Round 3, the FIRST placed team in Group A and Group B will qualify to play each other in the Final. The Final will take place at a neutral venue. Extra Time and Winner on the Day Regulations will apply to the Final.
Pre-season Competition Regulations – Group Structure – Dowling Cup and Shield	12 teams. Please see separate “2026 Pre-Season Competition Draws” Document previously circulated. All games, excluding the final, will be played on a home and away basis with the first named team playing at home. The final will take place at a neutral venue. Extra Time and Winner on the Day Regulations will apply to all games including the Finals.
Pre-season Competition Regulations – Substitutions	Up to 8 substitutions can be made in all pre-season competitions.

Note:

This document should be read in conjunction with the CCC Cill Dara General Rules which apply to all CCC Cill Dara Competitions.

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