 

**2024 Reserve Football Pre-season Formats and Competition Specific Rules**

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| Rule Title | Rule Text |
| Pre-season Competition Regulations – Competition Structure – Senior A Cup | Senior A Cup = 9 teams. The competition will be divided into THREE groups of 3 (Groups 1, 2, and 3). Each team to play the other teams in their group once. In the semi-finals, the Winner of Group 1 will play at home to the Winner of Group 22 and the Winner of Group 3 will play at home to the 2nd placed team of Group 2. The final will take place at a neutral venue. |
| Pre-season Competition Regulations – Competition Structure – Intermediate B Cup | Intermediate B Cup = 6 teams. The competition will be formed of one group. Each team to play 3 other teams in the group, drawn at random. The top 4 teams to qualify for the semi-finals. In the semi-finals, the 1st placed team will play at home to the 4th placed team and the 2nd placed team will play at home to the 3rd placed team. The final will take place at a neutral venue. |
| Pre-season Competition Regulations – Competition Structure – Junior C Cup | Junior C Cup = 4 teams. The competition will be formed of one group. Each team to play the 3 other teams in the group once. The top 2 teams to qualify for the final. The final will take place at a neutral venue. |
| Pre-season Competition Regulations – Team sizes | All Divisions = 15 a side (11-14 aside by agreement with agreement not to be withheld). |
| Pre-season Competition Regulations - Substitutions | Up to 8 substitutions can be made in all pre-season competitions. |

**Note:**

This document should be read in conjunction with the CCC Cill Dara General Rules which apply to all CCC Cill Dara Competitions.

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