

## Wholemeal Banana and Blueberry Muffins / Loaf



3 - 4 bananas mashed

Handful of blueberries

2 whole eggs

1 teaspoon of baking powder

$\frac{1}{2}$  teaspoon of cinnamon

2 dessert spoons of soft brown sugar

2 dessert spoons of olive oil

2 - 3 cups of whole meal flour

Combine all wet ingredients and blueberries,  
Fold in flour, cinnamon and baking powder, line a 2 lb loaf  
tin with greaseproof paper, pour in mixture and bake in oven at  
170 degrees for 45 - 50 minutes,

Alternatively line a muffin tin with muffin cases and  
divide mixture evenly between muffin cases (use an ice  
cream scoop to ensure even size)