

Banana and Oatmeal Pancakes:



Blend 2 bananas, 2 eggs, cup of oats and $\frac{1}{2}$ cup of milk together,

Heat small amount of olive oil in a non-stick pan, add ladle of mixture to the pan and cook for 2 minutes on both sides.

May be served with Nutella, crème fraiche and blueberries or low fat fruit yoghurts.

Mixture can be stored in an air tight container for 2 - 3 days (may discolour slightly because of bananas but will be perfectly fresh).